

Good morning, Gateway! Today is Monday, January 3, 2022.

\_\_\_\_\_ Here is our daily American Heart Challenge message: Small hearts with big challenges need our help. Nearly 1 in 100 babies are born with a heart defect, which is why your support of the American Heart Challenge is so important!

\_\_\_\_\_ If you would like to try out for Girls Basketball or be on the Wrestling Team, turn in your physical and complete the required forms on RankOneSport now.

\_\_\_\_\_ This week's Spirit Friday is Rainbow/Pride Friday.

And remember, Gateway, to GUARD your character!